



# POSTDOCTORAL FELLOWSHIP IN HEALTH AND REHABILITATION PSYCHOLOGY



## POSTDOCTORAL FELLOWSHIP IN HEALTH AND REHABILITATION PSYCHOLOGY



## POSTDOCTORAL FELLOWSHIP IN HEALTH AND REHABILITATION PSYCHOLOGY

### Table of contents

Application Process.....	4
Setting Overview .....	5
Facilities .....	5
Program Goals, Competencies and Training Objectives.....	6
Program Schedule.....	6
Rotation Descriptions.....	6
Program Requirements.....	13
Didactics.....	13
Projects and Presentations.....	13
Supervision Requirement.....	13
Evaluation.....	13
Conflict Resolution .....	13
Fellow Responsibilities.....	14
Program Benefits .....	14

## POSTDOCTORAL FELLOWSHIP IN HEALTH AND REHABILITATION PSYCHOLOGY

### Application process

There are two, one-year full-time positions for a postdoctoral fellowship in Health and Rehabilitation Psychology available.

- (1) Applicants must have completed a doctorate (PhD or PsyD) in clinical or counseling psychology from an APA-accredited program and completed an APA-accredited internship prior to the start date in September of the academic training year.
- (2) Applicants should be interested and experienced in the clinical assessment and treatment of medically complex individuals and their care system.
- (3) Applicants should have the desire to work in a multidisciplinary team environment.
- (4) Materials for the application include:
  - a. Curriculum vitae
  - b. Letter of interest detailing career and training goals, **including top rotation interests**
  - c. Statement of completion date of doctoral program from the program director. Fellows must complete their doctoral program prior to starting the fellowship.
  - d. Three letters of recommendation sent directly from letter writers
  - e. One de-identified work sample (examples: case summary, treatment plan or assessment report)
- (5) Applications are reviewed for completion and forwarded to the Training committee, which will review and rank all applications. Candidates will be invited to interview virtually in January.



### To apply for this position

Send materials through APPA CAS or email to: [tghpsyfellow@tgh.org](mailto:tghpsyfellow@tgh.org)

Applications will be accepted until Friday, December 5, 2026.

If you have questions, please contact the training director (Elyse Parke, PhD, ABPP-CN) by email at [tghpsyfellow@tgh.org](mailto:tghpsyfellow@tgh.org)

## POSTDOCTORAL FELLOWSHIP IN HEALTH AND REHABILITATION PSYCHOLOGY

### Setting and program overview

Tampa General is a private not-for-profit hospital as well as one of the most comprehensive medical facilities in West Central Florida, serving a population in excess of 4 million across one dozen counties, ranked #1 in Tampa Bay by US News & World Reports. TGH is the area's only Level 1 Trauma Center, has one of three American Burn Association verified burn centers in Florida, is a state certified stroke center, has one of the largest transplant programs in the country, and is a center of excellence for cancer and sleep. TGH has Commission on Accreditation of Rehabilitation Facilities (CARF) accredited programs in adult and pediatric integrated rehabilitation, brain injury specialty, and stroke specialty. As the region's leading safety net hospital, Tampa General is committed to providing area residents with excellent and compassionate health care. In partnership with the University of South Florida (USF) Health Morsani College of Medicine, TGH has been Florida's leading academic health system for over 50 years.

The fellowship is an APPIC member program designed for individuals pursuing careers as health or rehabilitation psychologists working with adult or lifespan populations. Fellows are trained as generalist health/rehabilitation psychologists with individualized emphases, rather than formal tracks. Pediatrics and neuropsychology rotations provide exposure to complement training goals, but are not primary areas of specialization for fellows. Supervisors have key leadership roles within their interdisciplinary teams and participate in teaching and applied clinical research. Many supervisors have USF academic appointments in psychiatry, pediatrics, or internal medicine.

### Facilities

Psychology and Neuropsychology services are primarily located at the TGH main hospital, inpatient rehabilitation, and TGMG Westshore outpatient center locations within 15-20 minutes from one other in South Tampa. Rotations at the main hospital include adult consultation-liaison, inpatient pediatrics, transplant, bariatric surgery, and NICU. Adult inpatient rehabilitation is located at the freestanding TGH Inpatient Rehabilitation Center. Outpatient rehabilitation, pain, sleep, and neuropsychology are located at the TGMG Westshore Outpatient Clinic. Training is provided by the on-site supervisor, with oversight from the training director.



Main Hospital



Inpatient Rehabilitation



TGMG Westshore Outpatient Center

## POSTDOCTORAL FELLOWSHIP IN HEALTH AND REHABILITATION PSYCHOLOGY

### Program goals, competencies and training objectives

The primary goal of the Health and Rehabilitation Psychology Postdoctoral Fellowship Program is to develop professional psychologists who are competent, ethical and prepared for independent practice in a variety of medical settings. Upon completion of the fellowship, the fellow will display competencies in the clinical practice of psychology. Fellow evaluation aligns with the Profession Wide Competencies (PWCs) set forth by the American Psychological Association (APA). Goals and competencies are met through clinical rotations with direct supervision, didactics, a program development project, and case presentations. At the conclusion of training, we expect that fellows will meet the following goals and objectives:

- Provide evidence-based clinical care including advanced skills in assessment, intervention and/or consultation, depending on individualized training goals
- Work effectively in a multidisciplinary environment, know the roles of other professional providers, and exhibit appreciation for unique knowledge and contributions of other disciplines
- Practice with mature appreciation for ethical and professional standards in alignment with the APA Ethical Codes and standards
- Provide clinical care in a manner that respects and is sensitive to individual differences of all persons, is non-discriminatory, and respects and protects human and civil rights
- Apply research to clinical practice and program development
- Demonstrate effective use and understanding of supervision
- Exhibit self-care behaviors to facilitate competent and professional practice

**Completion of this training program fulfills the licensure requirements for postdoctoral supervised practice in the State of Florida.**

### Program schedule

Fellows complete two rotations for two days per week and switch rotations at six months. There may be flexibility, depending on training goals and supervisor availability.

### Rotation descriptions

#### Adult consultation-liaison

The Adult Consultation-Liaison Service provides trainees with exposure to collaborating with hospital-based medical teams and helps develop skills in the overall management and treatment of patients during their medical admissions. There is typically collaboration with psychiatry, though this service does not directly report to psychiatry. Postdoctoral fellows will learn how to conduct rapid assessments of medically complex patients, render a diagnosis, and provide brief bedside evidence-based treatment in medical areas that require rapid decision-making and follow-up. Services are provided along the continuum of care, including Trauma, ICU, Neuroscience, Burn, Cardiology, Internal Medicine, and Oncology units. The lengths of stay vary, ranging from less than one week to several months, depending on a variety of individual and systemic factors. The service is often consulted for coping with a new medical diagnosis, noncompliance, illness anxiety, adjustment, medical trauma, pain, delirium/dementia, behavioral management, diagnostic refinement, death and dying, psychosomatic concerns, and staff support. A variety of evidence-based psychotherapeutic techniques are utilized, that include cognitive behavioral therapy (CBT), assertive community treatment (ACT), dialectical behavior therapy (DBT), family therapy, meaning-centered psychotherapy (MCP), behavior management, psychoeducation, and team consultation.

## POSTDOCTORAL FELLOWSHIP IN HEALTH AND REHABILITATION PSYCHOLOGY

Trainees will also gain experience conducting preoperative evaluations for left ventricular assist device as a destination therapy (DT-VAD).

The Adult Consultation-Liaison Service has a long-standing relationship with the trauma and burn programs. These teams routinely request psychology consultations for acutely injured individuals presenting with acute-stress symptoms, pain, TBI and new brain/spinal cord injuries. The trainees in the Adult Consultation-Liaison Service will help to identify the needs of the patient and family related to psych-education, support and coping with the acute crisis and disruption in the family system. Along with patient care, there are opportunities for cross-training with medical teams, weekly case conferences, live supervision, and in-service presentations.

#### Oncology and palliative care psychology

Fellows on this rotation will gain robust clinical experience conducting psychological evaluations and delivering evidence-based interventions for oncology patients across both inpatient and outpatient settings. Referrals primarily come from TGH Oncology providers and encompass a broad spectrum of presenting concerns, including adjustment to cancer diagnoses, anxiety, depression, delirium, treatment nonadherence, pain management, caregiver burden, end-of-life distress, and pre-existing psychiatric conditions.

In the inpatient setting, fellows provide brief, targeted bedside interventions to patients and their families, working in close collaboration with interdisciplinary medical teams to support integrated, patient-centered care that accounts for key psychosocial factors. Fellows may also work with patients undergoing chemotherapy or immunotherapy in the TGH Infusion Center, offering support during particularly vulnerable and emotionally challenging phases of treatment.

Fellows may also rotate through the interdisciplinary TGH Palliative Care Institute, collaborating with a team of physicians, advanced practice providers, nurses, chaplains, and social workers to address complex symptom management and quality-of-life concerns. Patients in this clinic often experience significant distress related to cancer-associated pain, fatigue, appetite and sleep disturbances, nausea, cognitive changes, and emotional suffering. Fellows are encouraged to participate in goals-of-care conversations and treatment decision-making discussions, as well as in providing psychological support at the end of life.

Additional opportunities may include work within the TGH Neuro-Oncology Program, where fellows provide tailored interventions for patients and families navigating the unique cognitive and psychological challenges associated with primary and metastatic brain tumors.

Across all settings, fellows employ a range of evidence-based therapeutic approaches tailored to each patient's needs. This rotation places particular emphasis on ACT, MCP, and other existentially oriented modalities, with CBT integrated as appropriate. Intervention strategies are flexible and often adapted to the fast-paced nature of medical settings, with a focus on practical, time-sensitive, and patient-centered care.

For those interested in research, the rotation may also offer opportunities to contribute to clinically applied studies focused on enhancing psychosocial care and improving outcomes for individuals affected by cancer and serious illness.

## POSTDOCTORAL FELLOWSHIP IN HEALTH AND REHABILITATION PSYCHOLOGY

### Pediatric rehabilitation/consultation-liaison

The Inpatient Pediatric Rehabilitation Program uses an interdisciplinary team approach to the management of rehabilitation needs in children. The team psychologist provides a range of individual, family, and team consultation interventions to promote optimal recovery of the child. Working closely with the family, the psychologist helps to identify issues that may have an impact on progress in rehabilitation, successful adaptation to disability and the development of future productive roles. The team includes a pediatric physiatrist, a pediatric psychologist, a pediatric neuropsychologist, physical, occupational and speech therapists, child life specialists, Hillsborough County Homebound teachers (school onsite), nurses, pastoral care, and other treatment staff.

Evaluations typically involve a chart review, clinical interview, collateral interview, team consultation, administration, scoring, interpretation of relevant tests, and preparation of an initial evaluation report. Reports include a summary of findings, as well as the establishment of objective and measurable goals, planned interventions, identification of barriers to rehabilitation, and recommendations for additional needs. Individual and family psychotherapy, education, behavioral management, and ongoing team consultation is provided. **Prior pediatric experience required for this rotation.**



### Bariatric surgery

The TGH + USF Health Bariatric Center is an interdisciplinary clinic that specializes in surgical and medically supervised weight loss for patients with morbid obesity. The team consists of nurse practitioners, dietitians, bariatric surgeons, a bariatrician, and psychologists. The rotation involves participation in both community-based, medically supervised weight loss and the surgical weight loss program. In the surgical weight loss program, patients are seen for a wellness assessment to ensure preparation and appropriateness for surgery and treatment in mindful eating, positive health behavior to promote weight loss and the management of mental health symptoms. Surgical patients are also seen as inpatients to ensure the preparation for discharge and adjustment to the bariatric lifestyle. The psychologist uses clinical interviews, chart reviews, and questionnaire data to assess patients at the wellness assessment. Community weight loss patients are seen on rotating weeks by the psychologist, nurse practitioner, and/or bariatrician, and dietitian. The psychologist conducts an evidence-based protocol treatment to address healthy eating, stress management and mindful eating. Issues frequently addressed at the TGH + USF Health Bariatric Center during this rotation include anxiety, depression, PTSD, personality disorders, eating disorders, bipolar disorder, schizoaffective disorder, and significant medical comorbidities, as well as a brief assessment of cognitive impairments.

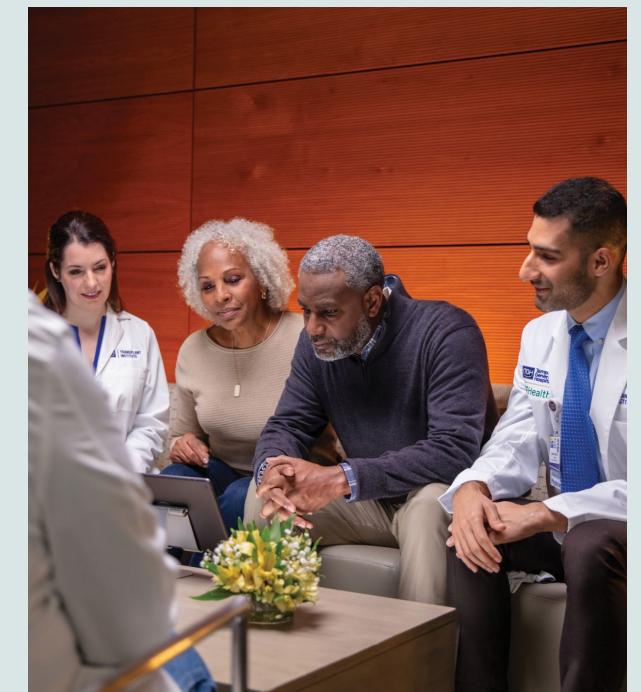


## POSTDOCTORAL FELLOWSHIP IN HEALTH AND REHABILITATION PSYCHOLOGY

### Transplant psychology

Tampa General's Transplant Institute offers life-saving transplants to patients with end-stage organ diseases. It is the sixth-largest transplant center in the country by volume. Organs transplanted at Tampa General include kidney, liver, lung, pancreas and heart. The living donor program includes liver and kidney altruistic and directed donations. Within the cardiac program, mechanical circulatory support (MCS) or ventricular assist devices (VADs) are offered as either a bridge to transplant or destination therapy. This rotation offers inpatient and outpatient services that include pre-transplant evaluations, post-transplant psychological consultation, and psychotherapy services. Fellows will gain experience through case conceptualization with the biopsychosocial framework, increase knowledge of pharmacological and nonpharmacological treatments for medical patients with mental health concerns, and conduct consultations for psychiatrically complex patients many with co-occurring substance use disorders. Fellows will also gain exposure to the health psychologist's role on a multidisciplinary treatment team and work within an integrated medical clinic setting. Fellows benefit from the expertise of a supervisor with a master's degree in clinical psychopharmacology.

Throughout the rotation, fellows will conduct integrative pre-transplant psychological evaluations within diverse and complex medical populations across inpatient and outpatient settings as part of an interdisciplinary team. It is expected that the fellows will produce high-quality evaluative reports that demonstrate a sophisticated understanding of diagnostic, sociocultural, and physiological factors impacting post-operative transplant outcomes, as well as knowledge of interventions for mitigating such outcomes. Fellows will have the opportunity to attend Medical Review Board (MRB) meetings and Multidisciplinary Rounds (MDR), wherein the transplant team convenes to discuss cases and collectively makes treatment decisions for patients to maximize health-related outcomes and quality of life.



## POSTDOCTORAL FELLOWSHIP IN HEALTH AND REHABILITATION PSYCHOLOGY

### Neonatal Intensive Care Unit (NICU)

TGH is one of just 12 designated Regional Perinatal Intensive Care Centers, with over 7,000 deliveries each year. The Fetal Care Center Team of USF Health Morsani College of Medicine and TGH includes highly skilled and caring professionals who provide specialized care for mothers whose pregnancies are complicated by illness or fetal abnormality. The Jennifer Leigh Muma Neonatal Intensive Care Unit (NICU) at TGH is an 82-bed, Level III unit providing specialized care to the most fragile infants. Some special services our NICU offers include management of hypoxic-ischemic encephalopathy with whole body hypothermia therapy, nitric oxide therapy, and mechanical ventilation, including high-frequency oscillator therapy, management of metabolic and genetic disorders, and dialysis (peritoneal and hemodialysis).

The psychology fellow will receive specialized training in providing consultation, screenings, evidence-based intervention, and multidisciplinary consultation to NICU families at the USF Health | Tampa General Hospital Fetal Care Center. Fellows who complete this training program will develop competencies in trauma-informed consultation, post-partum mood and anxiety disorders, screenings, and evidence-based treatment for PMADs and trauma, infant-early childhood mental health, and preterm infant growth over time, as well as psychosocial and behavioral challenges for high-risk infants and their families.

### Adult inpatient rehabilitation

The fellow on this rotation provides a range of psychological services for patients in a CARF-accredited inpatient rehabilitation center. The fellow helps to identify and conceptualize the nature of personality, emotional, cognitive, and psychosocial issues that may affect the individual's rehabilitation progress, adjustment to disability, illness and/or injury, and quality of life. This identification may include interview, collateral interview, review of records, and/or brief evaluation instruments. The fellow also provides brief therapeutic intervention, as appropriate to the level of cognitive functioning of the patient, and coordinates interventions with other care providers to manage emotional or behavioral issues. Common medical presentations include traumatic brain injury (TBI), stroke, spinal cord injury (SCI), trauma, post-surgical, amputation, and burn. Common emotional presentations include adjustment disorders, acute/post-traumatic stress disorder (PTSD), mood disorders, substance abuse/dependence, changes in relationships and family roles, personality disorders/characteristics, and grief issues. Therapeutic interventions may include a brief series of problem-focused interventions, longer-term treatment of adaptation to disability, education/interventions with treatment staff, and couples or family therapy. The fellow may have the opportunity to be involved in co-facilitating supportive group therapy and/or psychoeducational groups. The fellow also provides education and counseling to family members to facilitate appropriate family involvement in care, behavior management, adjustment to the rehabilitation environment, and family adjustment to injury and prognosis. Close involvement and consultation with the treatment team, including attendance at weekly team meetings and effective communication with

## POSTDOCTORAL FELLOWSHIP IN HEALTH AND REHABILITATION PSYCHOLOGY

medical, nursing and therapy staff, is expected. The fellow also becomes familiar with disability culture, including learning about ableism, modifications of treatment for various cognitive and physical deficits, relevant laws impacting individuals with disability, and intersectionality between disability and other factors.



### Outpatient rehabilitation

Fellows provide a range of psychological services for patients in an outpatient clinic setting. The fellow helps to identify and conceptualize the nature of personality, emotional, cognitive, and psychosocial issues that may affect the individual's rehabilitation progress, adjustment to disability, illness and/or injury, and quality of life. This identification may include interview, collateral interview, review of records, and/or brief evaluation instruments. The fellow also provides therapeutic intervention, as appropriate to the level of cognitive functioning of the patient, and coordinates interventions with other care providers to manage emotional or behavioral issues. Common emotional presentations include grief issues, adjustment disorders, acute/post-traumatic stress disorder (PTSD), mood disorders, anxiety disorders, changes in relationships and family roles, and other co-occurring conditions, such as personality disorders/characteristics, and substance abuse/dependence. Therapeutic interventions may include a brief series of problem-focused interventions, psychoeducation, longer-term treatment of adaptation to disability, and evidence-based interventions for treatment of adjustment disorder and other mental health conditions. If indicated, the fellow also provides education and counseling to members of the patient's support system to facilitate adaptive involvement in care, behavior management, and support system adjustment to disability, illness, and/or injury and prognosis.

## POSTDOCTORAL FELLOWSHIP IN HEALTH AND REHABILITATION PSYCHOLOGY



### Pain psychology

The fellow on this rotation will conduct psychological evaluations and treatments with adult patients experiencing a range of chronic pain conditions and/or chronic health conditions associated with pain. Primary clinical opportunities include applying evidence-based approaches for treating chronic pain conditions in an outpatient setting. Frequency of appointments will be based on clinical need and may range from weekly to monthly. Specifically, the fellow will enhance understanding and treatment of chronic pain conditions in an outpatient setting. Primary clinical opportunities include applying evidence-based approaches (e.g., CBT, ACT, MI, and mindfulness-based approaches) for treating chronic pain. Opportunities for clinical-based research, training relevant co-treaters (e.g., PT/OT/SLP providers) and program development can be made available based on the fellow's interest.

### Sleep disorders

The Sleep Disorders Center at Tampa General Hospital is the largest multidisciplinary academic Sleep Center of Excellence in Florida and was the site of the first hypoglossal nerve implant procedure for obstructive sleep apnea in the state. The Sleep Disorders Center is accredited by the American Academy of Sleep Medicine. The psychology fellow will conduct diagnostic psychological evaluations and provide outpatient, evidence-based treatment with adults with insomnia and other sleep disorders. Sleep psychology services are conducted in an outpatient psychology clinic, as well as an outpatient interdisciplinary clinic. Within the interdisciplinary clinic, the fellow will work alongside physicians, nurse practitioners, medical residents and fellows, and sleep technicians. The psychology fellow will receive specialized training in implementation of the gold-standard, evidence-based treatment for insomnia (i.e., cognitive behavioral therapy for insomnia) and training on ways to effectively work within an interdisciplinary outpatient clinic. Opportunities for clinical research, quality improvement projects, program development, and community presentations on sleep disorders are available.

### Clinical neuropsychology: adult or pediatric

Working with board-certified neuropsychologists, fellows in this rotation will focus on the assessment of individuals with neurological dysfunction (brain injury, stroke, neurodevelopmental disorders, Parkinson's disease, epilepsy, sickle cell, etc.). The evaluation process integrates premorbid and injury- or illness-related information with current neuropsychological findings to generate meaningful recommendations with a focus on improving functional skills and quality of life. Fellows will complete clinical interviews with patients and caregivers, use a variety of neuropsychological tests and methods, participate in weekly neuropsychological evaluations, and compose neuropsychological evaluation reports.

## POSTDOCTORAL FELLOWSHIP IN HEALTH AND REHABILITATION PSYCHOLOGY

### Program requirements

The fellowship is a 40-hour-per-week program, and fellows spend at least 50% of their time in direct clinical activity related to patient care. The program requires 2,000 hours of supervised clinical time during a one-year (12 month) period, including 50 worked weeks, full time, to meet Florida licensure requirements. Requirements for successful completion of postdoctoral training are further outlined in detail below.

### Didactics

Fellows have protected time to attend didactics on Friday mornings that include professional development, health, and rehabilitation topics. Some of these didactics are provided in collaboration with the James A. Haley Veterans' Hospital. Fellows will also attend Psychology department meetings, Do No Harm meetings for case consultation and safety awareness, grand rounds, and continuing education as they are scheduled. Directed readings are completed as assigned by the primary supervisor.

### Projects and presentations

1. Complete one program development project
2. One formal case presentation, incorporating teaching on key health and rehabilitation psychology concepts
3. One job talk on a topic of interest

### Supervision requirement

Formal supervision is at least one hour of formal, face-to-face supervision per week for each rotation. There is also monthly group supervision, where fellows bring cases to discuss and a professional development topic is discussed. All supervisors are licensed psychologists specializing in rehabilitation, health, or clinical neuropsychology. Responsibility for maintaining contact with the supervisor resides with both the supervisor and

the fellow. Cancellations for illness, vacation or other reasons should be made up. Additional consultation with other psychologists in the Psychology Service is available in emergencies.

### Evaluation

Evaluation is an ongoing process during the fellowship program. Fellows work with their supervisor at the start of a rotation to develop specific, measurable training goals. Written evaluations of competencies and training goals will be completed at three and six months of the rotation. These evaluations are reviewed and discussed in individual meetings with the supervisors. Progress is also assessed on an ongoing basis through live observation, detailed reviews of written notes and reports, discussion of case formulations and treatment planning, and informal feedback from the multidisciplinary treatment team. If opportunities for improvement are identified, the primary supervisor is accountable for developing, implementing and monitoring a remediation plan. Fellows provide formal feedback at midyear and at the end of the fellowship, though feedback is ongoing throughout the year. Program evaluation is provided by fellows at the completion of the training experience for future program improvement.

### Conflict resolution

Should problems occur in supervision, fellows are encouraged to attempt resolution in the context of the supervisory relationship. If such attempts are unsuccessful, trainees are encouraged to contact the training director for assistance in problem resolution. Formal grievance policies are maintained by TGH and apply to fellows. Please refer to the Grievance Policy for specific information regarding problem resolution within the supervisory relationship.



TGMG Psychology & Neuropsychology

(813) 844-3541

email: [tghpsyfellow@tgh.org](mailto:tghpsyfellow@tgh.org)

